



NEWBORN

Screening

the first step to a diagnosis

Q: What is Newborn Screening?

A: Newborn screening is a public health service that consists of three separate screens, including blood spot, hearing and heart. These screening tests check a baby for serious, but rare conditions.

Q: Who gets a newborn screen test?

A: Every baby born in Oklahoma has a newborn screen shortly after birth.

Q: What conditions are screened on the newborn screen?

A: The Oklahoma NBS program screens for over 50 different conditions. A full list of conditions on the Oklahoma newborn screening panel can be found on our website: [Oklahoma.gov/health/newbornscreening](https://oklahoma.gov/health/newbornscreening).

Q: How can I get my baby's newborn screen blood spot test result?

- A:
1. Ensure that the birthing facility has the best contact information to reach you and your baby's planned follow-up health care provider, on file.
 2. Ask for the test results during your baby's first doctor visit or call the Oklahoma State Department of Health Newborn Screening Program at 405-426-8310.

Q: What happens if my baby's newborn screen blood spot results are not normal?

A: Do not panic. Screen test results can be abnormal for a variety of reasons, and this does not necessarily mean your baby has the disorder. However, it does mean that a baby will need additional testing. The additional testing can be a repeat screen or diagnostic testing. Your baby's healthcare provider will ensure the correct tests are completed.

Diagnosis vs Screening



Q: What is the difference between a screening test and a diagnostic test?

A: Screening results, by themselves, cannot determine the presence or absence of a disorder. They are a part of the puzzle healthcare providers can use to determine a diagnosis.

Diagnostic testing refers to the combination of signs, symptoms, and other test results that allow the healthcare provider to confirm the presence or absence of a condition.

Q: Where can I get more information about newborn screening?

A: We recommend talking to your baby's healthcare provider or visiting the following websites for more information:
oklahoma.gov/health/newbornscreening
babysfirsttest.org
www.marchofdimes.org/baby/newborn-screening-tests-for-your-baby.aspx

Q: Would you like to meet with a family who has been in a similar situation with an abnormal newborn screen result?

A: The Oklahoma Family Network can help. Visit their website, oklahomafamilynetwork.org/ or give them a call 405-271-5072.

